

## MILITARY DIRECTIVES

Marine Corps Orders  
P1700.24B, NAVMC 2931  
Navy Orders  
SECNAVINST 5300.28C  
OPNAVINST 5350.4D

Alcohol and drug abuse is often associated with distress, and often linked to a wide array of other problems that degrade mission effectiveness and personal quality of life. People undergoing stressful life events may turn to alcohol to help alleviate their distress and cope with problems. While the Marine Corps and Navy maintains a “zero tolerance” policy for drug use, leaders should make every reasonable effort to retain Marines/Sailors when problems with alcohol or drugs surface, and help them return to full productivity and a healthy lifestyle.

## CONTACT A REPRESENTATIVE TODAY

**BHB-SAC ADMIN APPOINTMENT DESK**  
228-1620 (MCRD) Parris Island  
228-7057 (MCAS) Beaufort

MCCS Behavioral Health Branch  
Tri-Command Area, Beaufort SC

## SUBSTANCE ABUSE COUNSELING

### BRANCH HEAD

Regena Cooper

### PROGRAM MANAGER

Jose Lugo

### CERTIFIED COUNSELORS

Diane Gaither  
Roger Gray  
Denise Rosario  
Saundra Poole  
Rodney Sturgis

### BHB, SAC LOCATIONS

<b>MCAS Beaufort</b>	<b>MCRD Parris Island</b>
Bldg 807	Bldg 17
Hoffecker Ave	Nicaragua St

#### Administration

(834) 228-7057      (843) 228-1620

#### Fax

(843) 228-6613      (843) 228-1832

**YOUR COMMAND SACO/DAPA IS YOUR FIRST LINE OF DEFENSE IN EDUCATING YOURSELVES ON THE EFFECTS OF ALCOHOL AND DRUGS.**

**DO YOU KNOW WHO YOUR COMMAND SACO/DAPA IS?**



We would like to thank New River Auto Mall and Navy Federal Credit Union for their sponsorship of MCCS events and activities.

PRESENTED BY  
**MCCS**  
SOUTH CAROLINA

The Department of Defense (DoD) and the Marine Corps neither endorse nor favor any commercial supplier, product, or service.

## BHB-SAC MISSION STATEMENT:

Our mission is to provide timely, consistent and effective care for active duty military members and other eligible beneficiaries with substance abuse disorders, which interfere with their occupational and interpersonal functioning. Through our services, we strive to promote and maintain the operational readiness of forces in the Tri-Command area, Beaufort, SC; Support the recovery, health, or well-being of the persons or families served; Enhance the quality of life of persons served; Reduce symptoms or needs and build resilience; Restore and/or improve functioning; and support the re-integration of the persons served to the command.

## SERVICES OFFERED BY SUBSTANCE ABUSE COUNSELING

### SCREENINGS & ASSESSMENTS

An initial screening to determine if there is a substance related diagnosis. Appropriate recommendations are made according to the outcome of the screening and assessment.

### OUTREACH EDUCATION

The substance abuse counselors offer outreach and education programs tailored to meet the needs of individual commands. Prevention/Diversion The Prevention Diversion Program is a 20 hours classes that includes the following strategies: increasing knowledge and raising awareness, implementing behavioral change, and reducing incidence of problem behavior by helping each participant in the program reduce risk for any type of alcohol or drug problem. It also focuses on self assessment to help people understand and accept the need to make changes to protect the things most valuable in their lives.



### OUTPATIENT TREATMENT (OP)

OP is offered to individuals who have been diagnosed with either alcohol abuse/drug or alcohol dependence. Treatment usually lasts two weeks and consists of nine hours of therapy and education each week.

### INTENSIVE OUTPATIENT TREATMENT (IOP)

IOP is offered to individuals who have been diagnosed with alcohol abuse/drug or alcohol dependence. Treatment usually lasts three weeks and consists of an average of twenty hours of therapy and education each week.

### RESIDENTIAL TREATMENT

For individuals deemed by the clinical staff to require residential treatment, coordination of an appropriate treatment facility and bed dates are obtained.

### INPATIENT CONSULTATION

For patients with medical complications related to alcohol or drugs, screenings are provided during hospitalization.

## CLINICAL COUNSELING

For Appointment:  
228-6126/2044/3393

## MILITARY FAMILY LIFE CONSULTANTS

For Appointment:  
(843) 271-8538/8535

## AWARENESS PREVENTION PROGRAM

POC: Daniel Evans  
Alcohol Prevention Specialist  
228-7752

POC: Gayle Wierzbicki  
Drug Demand Reduction Coordinator  
228-7210/7140

## PREVENTION & EDUCATION

Phone: 228-4784

## ALCOHOLICS ANONYMOUS

For Locations Call:  
(888) 534-0192 or  
(843) 322-5903

